



Worksheet: Solve Your Problem--Part 2

Congratulations on taking the next step towards making these expressions part of your **Real-Life English**. Are you ready to test yourself and see what you remember?

I use my background as a Neurolanguage coach to create these for you--so that you can spend a short amount of time reviewing, but remember much more easily than with the video alone.

If you like, you can [check out the video and blog post here](#).

TEST YOURSELF #1: Expressions for solving your problems--in English.

Match the phrases in each column and see if you correctly understood (and remember!) these new expressions.

1. Start small	a. Ask someone with specialized knowledge to help you with a specific problem or goal.
2. Form great habits	b. Take a small step that's easy to do and do it every day.
3. Use social accountability	c. Do the kind of work you are most competent to do.
4. Bring in an expert	d. Know you are not alone. See how others are helping to solve the problem. Know others on your team will see if you make some progress...or not!
5. Align tasks with your competencies	e. Take a big problem, break it into smaller parts and work on those.

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TEST YOURSELF #2: Solve your own last-mile problem.

Do you have a **last-mile problem**? A problem that you've worked on for a long time. An area where you've improved a LOT...but you haven't quite reached the goal. Can you think of an example of how you could use one of the strategies from our lesson to solve your problem? How could you...

Start small:

Use great habits to solve your problem

Use social accountability

Bring in an expert

Do you need help with YOUR Business English?

I designed these activities to help you test yourself and build confidence on your own--but for your specific situation, you might need more personalized attention.

If you want to see how individual coaching can help your Business English [book an informational appointment with me here.](#)

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Corrections

Test Yourself #1

1. **Start small:** (e) Take a big problem, break it into smaller parts and work on those.
2. **Form great habits:** (b) Take a small step that's easy to do and do it every day.
3. **Use social accountability:** (d) Know you are not alone. See how others are helping to solve the problem. Know others on your team will see if you make some progress...or not!
4. **Bring in an expert:** (a) Ask someone with specialized knowledge to help you with a specific problem or goal.
5. **Align tasks with your competencies:** (c) Do the kind of work you are most competent to do.

Test yourself #2: Your answers will vary but here are some examples.

Start small:

I would love to be fluent in German, but my first goal is to learn enough to go on a trip to Germany, travel, order food, make hotel reservations...

Use great habits to solve your problem

I don't have a lot of time for language learning, so I will make sure I have my podcast ready to listen to when I go running 3 times a week. And I'll make 10 flashcards to review with new expressions each week.

Use social accountability

I'll meet my German teacher for a conversation on the topics I've been studying. She'll know right away if I've been practicing.

Bring in an expert

When I see a communication topic in German that seems confusing to me (because it doesn't exist in English!) I will ask a German language partner to explain.